

# PROTECTIVE BEHAVIOURS

Years 1 – 2

**Resources**



|            |              |
|------------|--------------|
| <b>WE</b>  | <b>HAVE</b>  |
| <b>ALL</b> | <b>SAFE</b>  |
| <b>THE</b> | <b>RIGHT</b> |
| <b>TO</b>  | <b>FEEL</b>  |
| <b>BE</b>  | <b>SAFE</b>  |
| <b>AT</b>  | <b>AND</b>   |
| <b>ALL</b> | <b>TIMES</b> |

**WE ALL HAVE THE RIGHT TO BE SAFE  
AND FEEL SAFE AT ALL TIMES**



**WE CAN TALK WITH SOMEONE ABOUT  
ANYTHING NO MATTER WHAT IT IS**

# In My Heart

What feeling did you choose?

\_\_\_\_\_

Draw or write about a time you felt this way.



A large rectangular area with a torn paper edge, intended for drawing or writing about a time the child felt the chosen emotion.

NAME

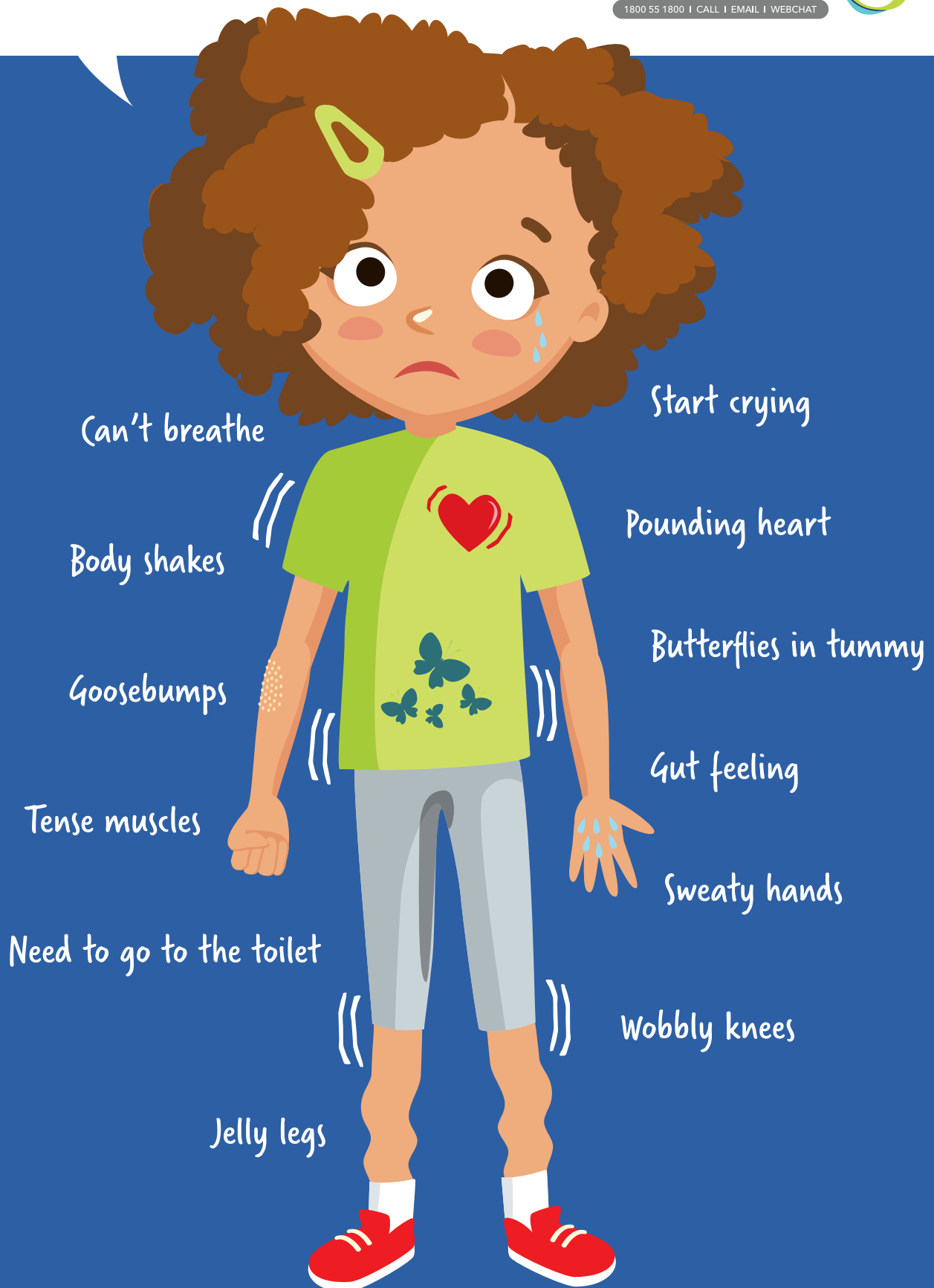
A rectangular box with a starburst icon at the bottom left corner, intended for the child's name.

If I feel my Warning Signs, I can tell a trusted adult  
on my network or contact the

kids**help**line  
Anytime Any Reason



1800 55 1800 | CALL | EMAIL | WEBCHAT



If I feel my Warning Signs, I can tell a trusted adult  
on my network or contact the

kids**help**line  
Anytime Any Reason

1800 55 1800 | CALL | EMAIL | WEBCHAT

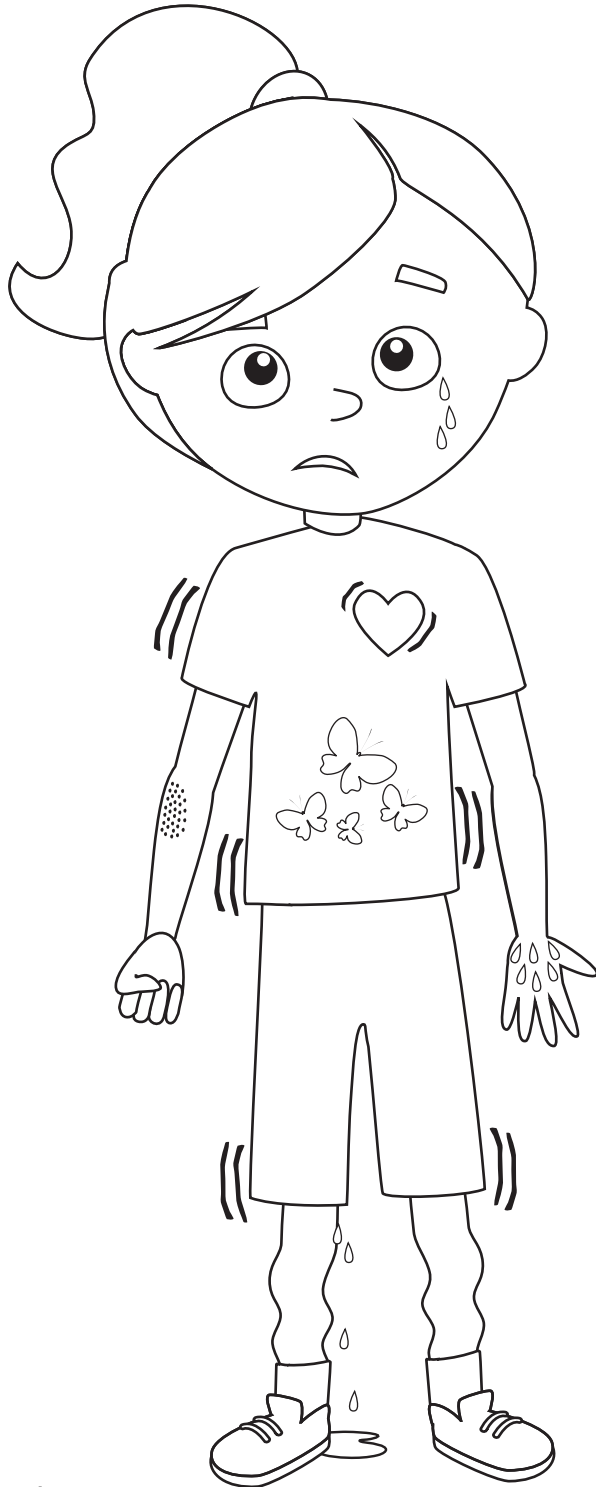


WA Child Safety Services  
Creating Safer Communities

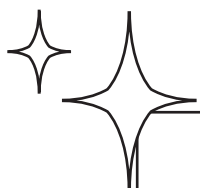
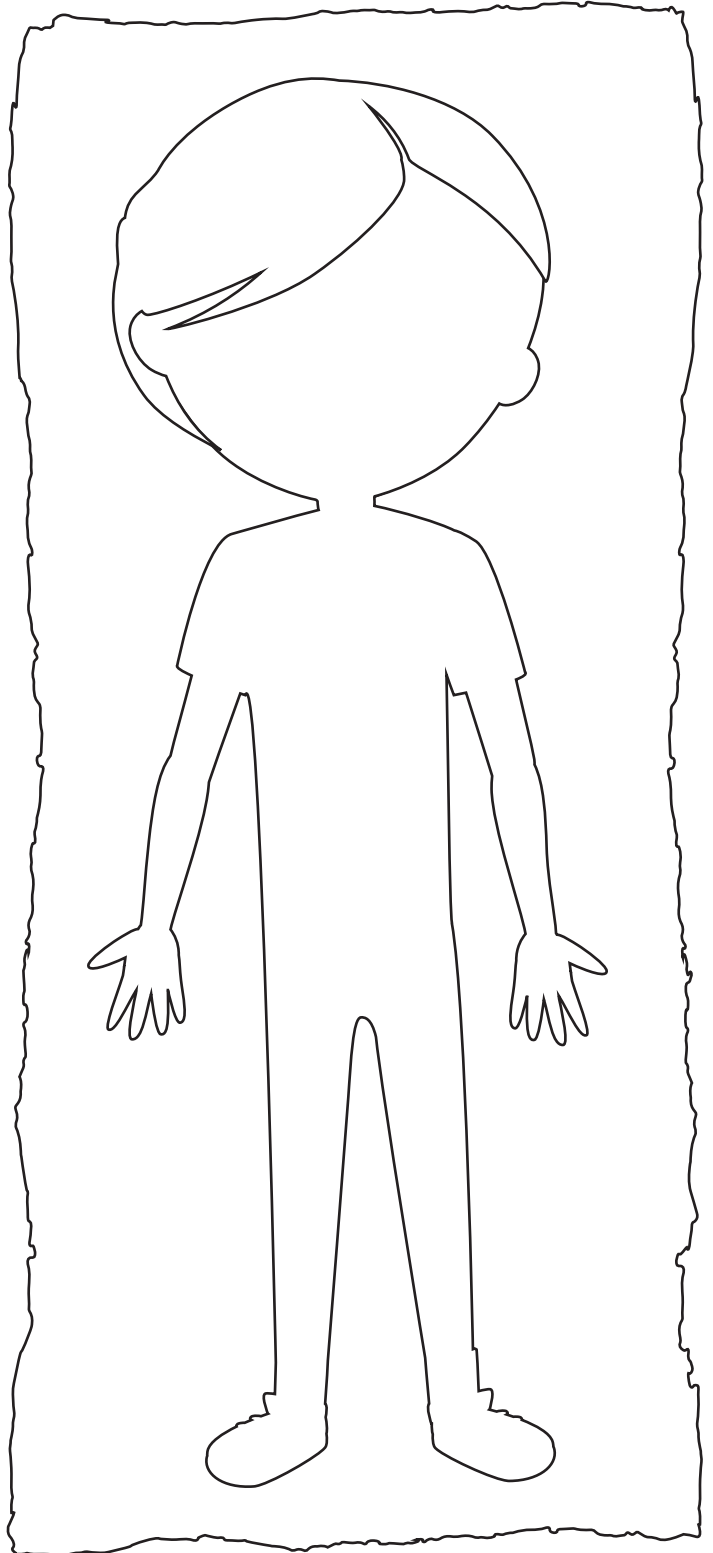
[wachildsafetyservices.com](http://wachildsafetyservices.com)

# Warning Signs

Colour all the  
Warning Signs you find



Draw your  
Warning Signs



NAME

A rectangular box for writing the name.



safe





# Fun and Scary



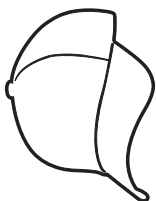
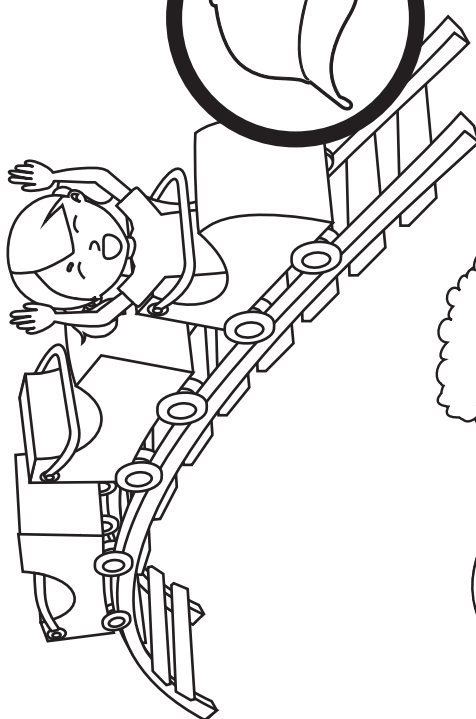
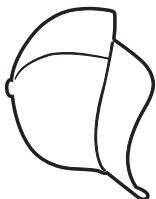
# Unsafe



# Safety Check

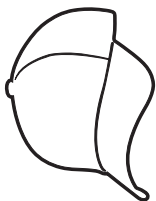
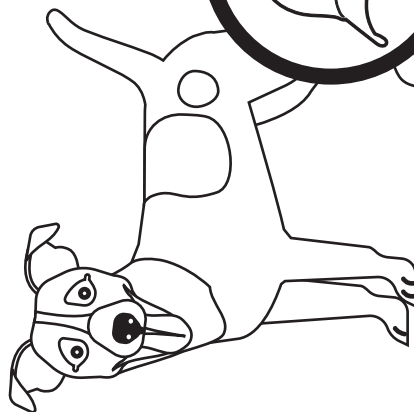
Safe

Colour this hat green



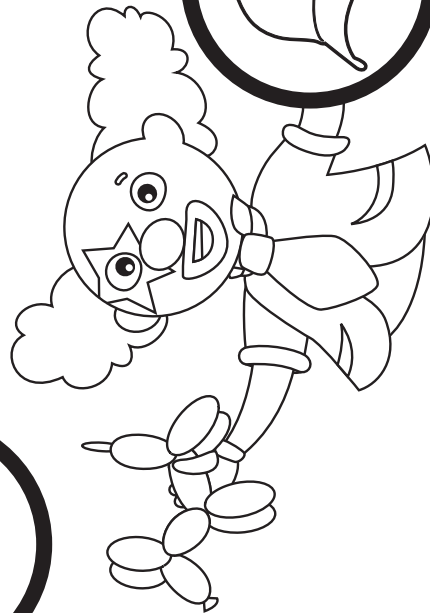
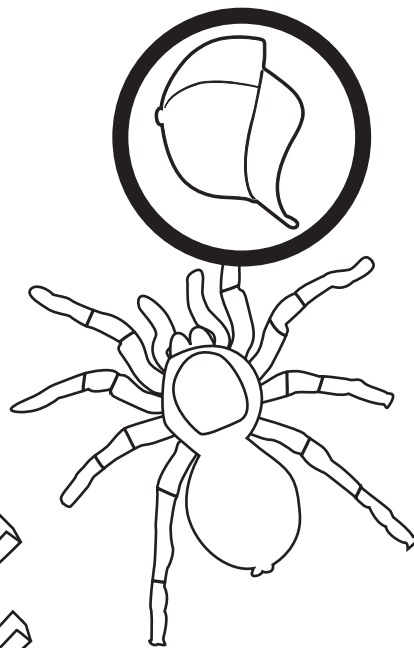
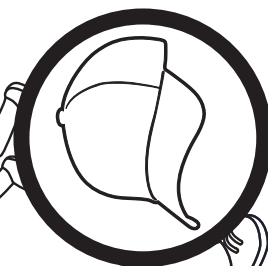
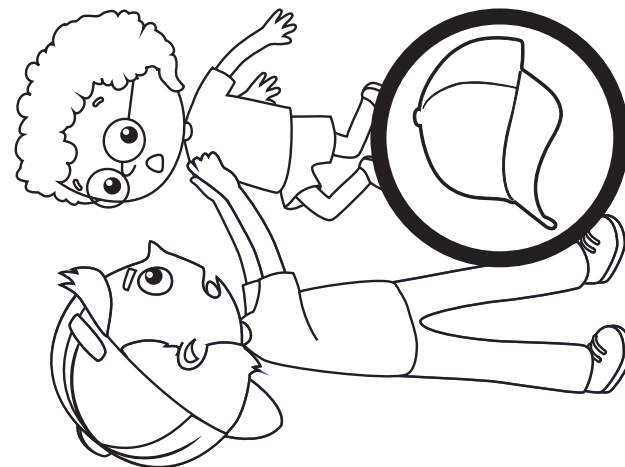
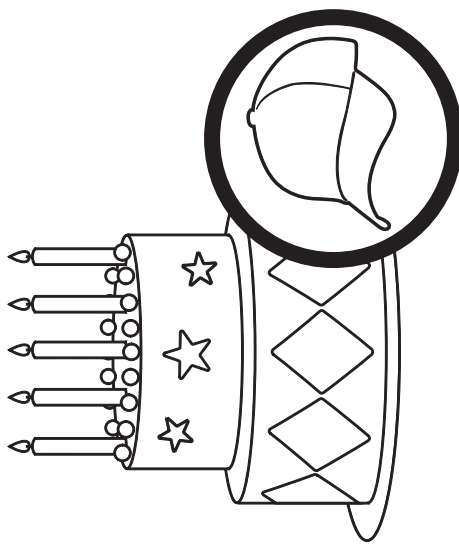
# Fun and Scary

Colour this hat orange

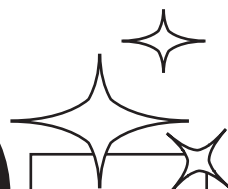


## Unsafe

Colour this hat red



NAME



**WE TALK**

**CAN WITH**

**NO WHAT**

**IT ABOUT**

**IS MATTER**

**SOMEONE**

**ANYTHING**

# Who is on your Helping Hand Network?

A network helper must:

- ☒ Be available
- ☒ Listen to me
- ☒ Believe me
- ☒ Help me if I need it



Who are some adults  
you trust to be on  
your network?



I have chosen my mum, my soccer  
coach Nick, my neighbour Diane,  
my teacher Mr Fletcher and my  
friend's mum,  
Sally.



kidshelpline  
Anytime | Any Reason

1800 55 1800

Dear \_\_\_\_\_

I have been learning that we all have the right to be safe and feel safe at all times, and we can talk with someone about anything, no matter what it is.

I would like you to be on my Helping Hand Network so I can talk with you about any worries I might have, as well as any good things that happen. As a network helper, I need you to:

- ☒ Be available
- ☒ Listen to me
- ☒ Believe me, and
- ☒ Help me if I need it.

If you need more information please visit [www.wachildsafetyservices.com](http://www.wachildsafetyservices.com)

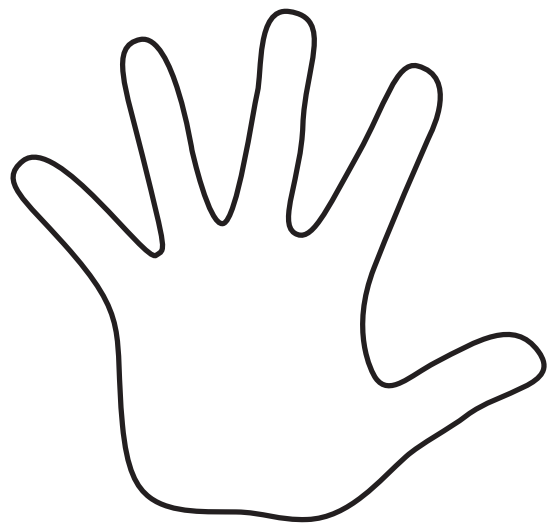
If you can be on my network, please put your name and phone number at the bottom of this letter.

Thanks,

\_\_\_\_\_

Name \_\_\_\_\_

Phone \_\_\_\_\_



WA Child Safety Services  
Creating Safer Communities



kids helpline  
Anytime Any Reason

**1800 55 1800**

Dear Parents/Carers

Your child has chosen five people to be on their network so they can talk with them about any worries they might have, as well as any good things that happen.

A network helper needs to:

- ☒ Be available
- ☒ Listen
- ☒ Believe the child, and
- ☒ Help the child, if needed.

Please support your child to distribute their Network Invitations and encourage them to make use of their network.

If you need more information please visit  
[www.wachildsafetyservices.com](http://www.wachildsafetyservices.com)



WA Child Safety Services  
Creating Safer Communities

Dear Parents/Carers

Your child has chosen five people to be on their network so they can talk with them about any worries they might have, as well as any good things that happen.

A network helper needs to:

- ☒ Be available
- ☒ Listen
- ☒ Believe the child, and
- ☒ Help the child, if needed.

Please support your child to distribute their Network Invitations and encourage them to make use of their network.

If you need more information please visit  
[www.wachildsafetyservices.com](http://www.wachildsafetyservices.com)



WA Child Safety Services  
Creating Safer Communities

Someone tells you to keep a secret about:  
**flowers for your teacher**

Someone tells you to keep a secret about:  
**punching**

Someone tells you to keep a secret about:  
**a surprise party**

Someone tells you to keep a secret about:  
**hurting**

Someone tells you to keep a secret about:  
**a birthday present**

Someone tells you to keep a secret about:  
**a sharp knife**

Someone tells you to keep a secret about:  
**where they hide for hide and seek**

Someone tells you to keep a secret about:  
**hitting**

Someone tells you to keep a secret about:  
**a Mother's Day card you made**

Someone tells you to keep a secret about:  
**a private parts touching game**

Someone tells you to keep a secret about:  
**a special handshake**

Someone tells you to keep a secret about:  
**them making you touch their private parts**

Someone tells you to keep a secret about:  
**saying something mean**

Someone tells you to keep a secret about:  
**watching a grown-up movie**

Someone tells you to keep a secret about:  
**bullying**

Someone tells you to keep a secret about:  
**looking at private parts**

Someone tells you to keep a secret about:  
**taking off your clothes**

Someone tells you to keep a secret about:  
**a present they gave you**

Someone tells you to keep a secret about:  
**looking at private pictures on the computer**

Someone tells you to keep a secret about:  
**the assembly item**

Someone tells you to keep a secret about:  
**hugging**

Someone tells you to keep a secret about:  
**tickling**

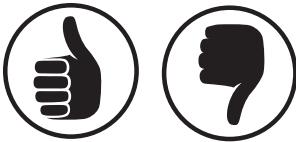


# Secrets

## Safe

- ☒ You only need to keep the secret for a short time.
- ☒ Everyone is feeling happy and excited.
- ☒ No one is getting hurt on the inside or the outside of their body.
- ☒ You can tell someone else if you want to.
- ☒ There is choice about keeping the secret.

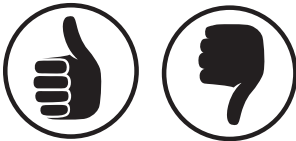
Someone has touched your friend on the private parts of their body and told your friend not to tell anyone or they will get in trouble.



Mum's birthday is next week and you cannot tell her about her present.



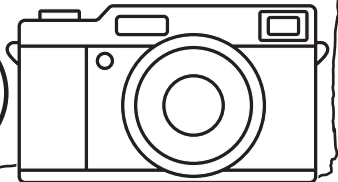
Mum just found out she is having a baby. You are not allowed to tell anyone until mum sees the doctor.



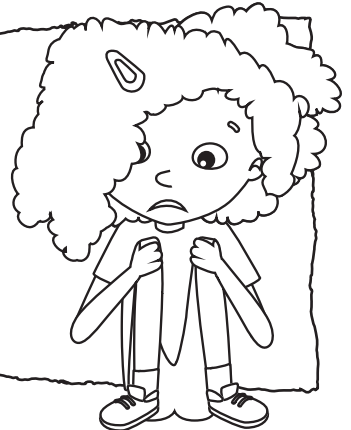
## Unsafe

- ☒ Someone is feeling worried/unsafe.
- ☒ Someone is getting hurt on the inside or the outside of their body.
- ☒ The secret must be kept for a long time or forever.
- ☒ Someone has broken the Body Safety Rules.
- ☒ Someone said if you tell, something bad will happen.
- ☒ There is no choice or control about telling the secret.

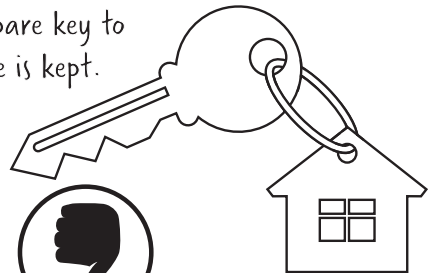
Someone took a photo of you and said not to tell anyone.



Someone hurt you at lunchtime and told you not to tell the teacher.



Where the spare key to your house is kept.



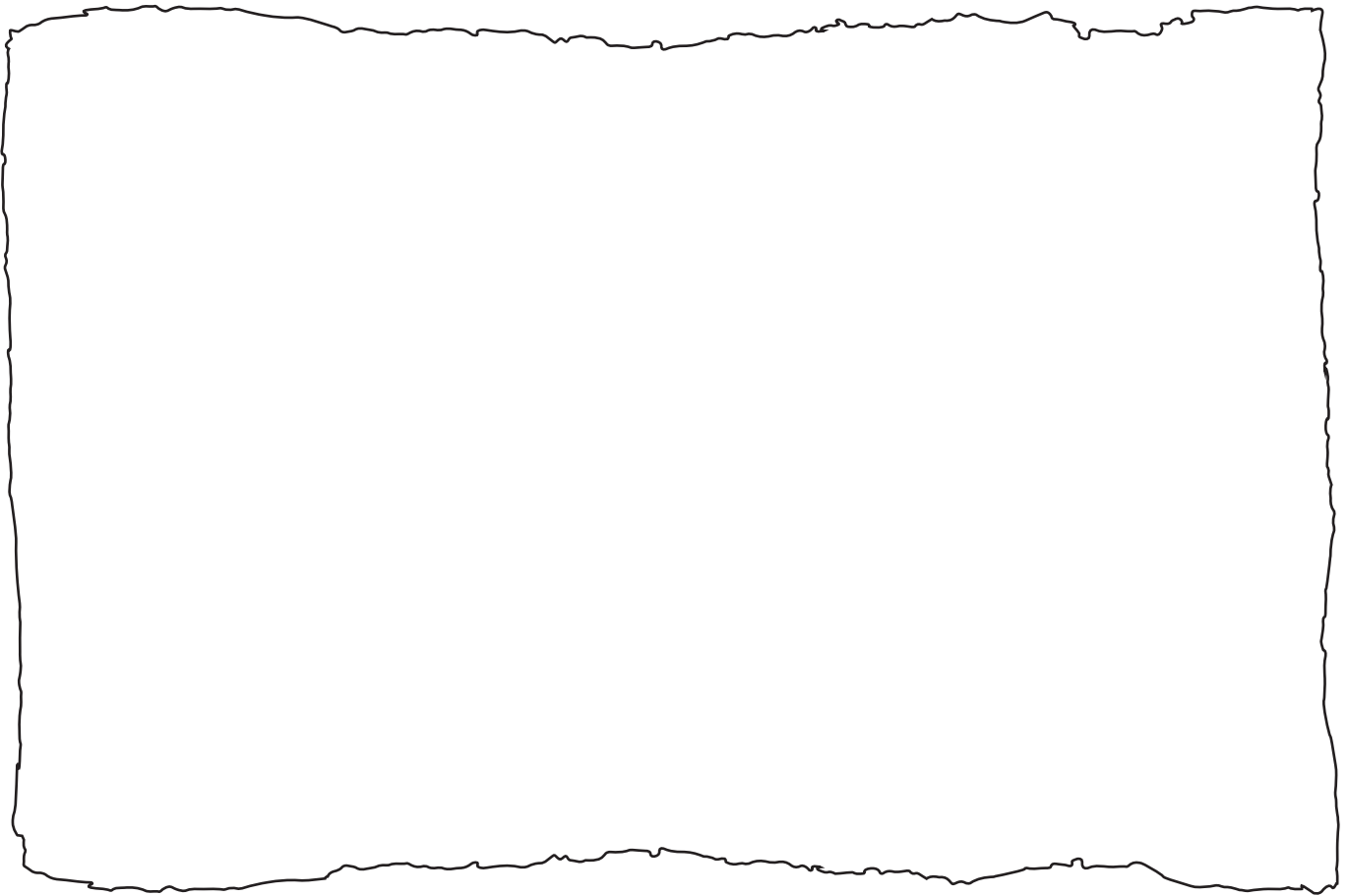
NAME

# Persistence

I was persistent when

---

---



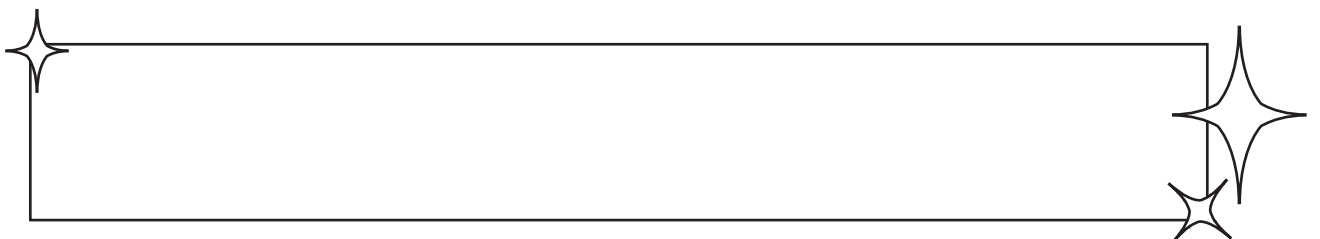
Who can you call if you feel unsafe?



kidshelpline  
Anytime Any Reason

1800 55 1800

NAME



# BODY SAFETY RULES

NO ONE SHOULD...



**SEE**

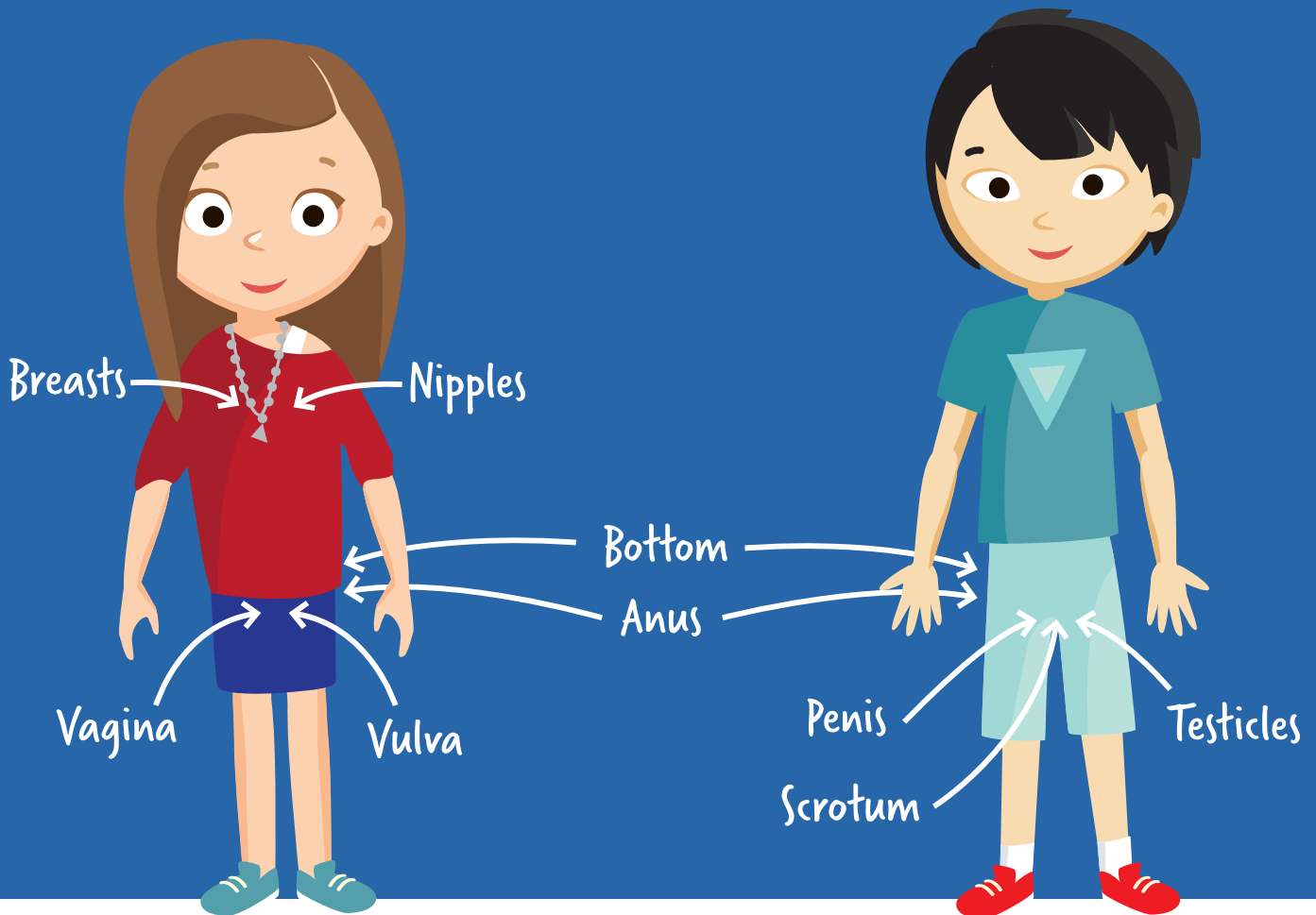


**TOUCH**



TAKE A **PHOTO**  
OR **VIDEO** OF

THE PRIVATE PARTS OF YOUR BODY



**IF...**

YOUR  
**PRIVATE PARTS**  
ARE **HURTING**

YOU HAVE A  
**QUESTION**  
ABOUT YOUR  
**PRIVATE PARTS**

SOMEONE HAS  
**TOUCHED**, OR  
**ASKED TO TOUCH**  
YOUR  
**PRIVATE PARTS**

SOMEONE HAS  
**ASKED YOU**, OR  
**MADE YOU TOUCH**  
THEIR  
**PRIVATE PARTS**

**TELL A TRUSTED ADULT ON  
YOUR NETWORK OR CONTACT**

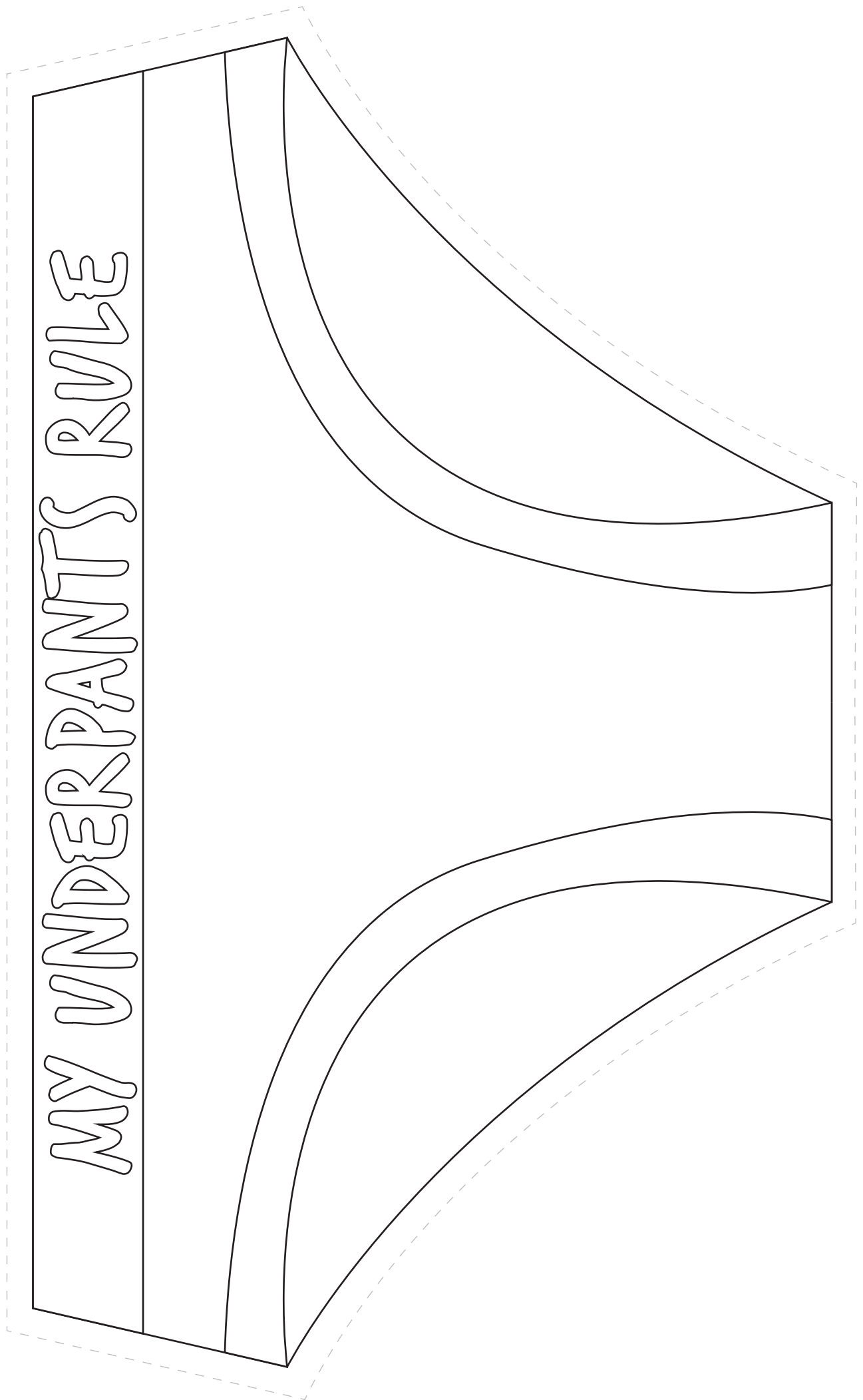
kidshelpline  
Anytime Any Reason

1800 55 1800 | CALL | EMAIL | WEBCHAT



WA Child Safety Services  
Creating Safer Communities

wachildsafetyservices.com



MY UNDERPANTS RULE

Public

Private

# Bathroom



Scenario Card 1

# Bedroom



Scenario Card 2

# Bathroom



Scenario Card 3

# Bedroom



Scenario Card 4



# Classroom



Scenario Card 5

# Park



Scenario Card 6

# Shopping Centre



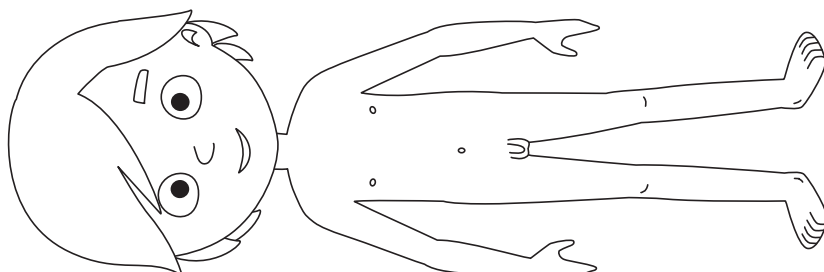
Scenario Card 7

# Loungeroom



Scenario Card 8

**Private**



**In private, I can...**

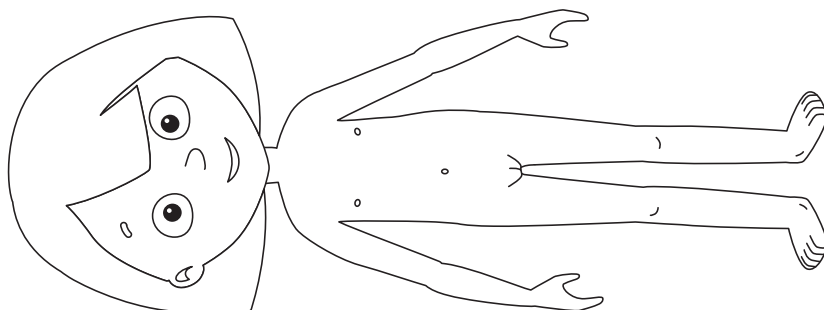
---

---

---

---

**Public**



**In public, I can...**

---

---

---

---

IF ANYONE **COMES INTO MY PERSONAL SPACE** WHEN I'VE  
ASKED THEM NOT TO, **TOUCHES MY BODY** IN A WAY I DON'T LIKE  
OR **TOUCHES THE PRIVATE PARTS OF MY BODY**

**I CAN:**



**SCREAM FOR HELP**



**YELL NO**



**MOVE AWAY**



kidshelpline  
Anytime Any Reason

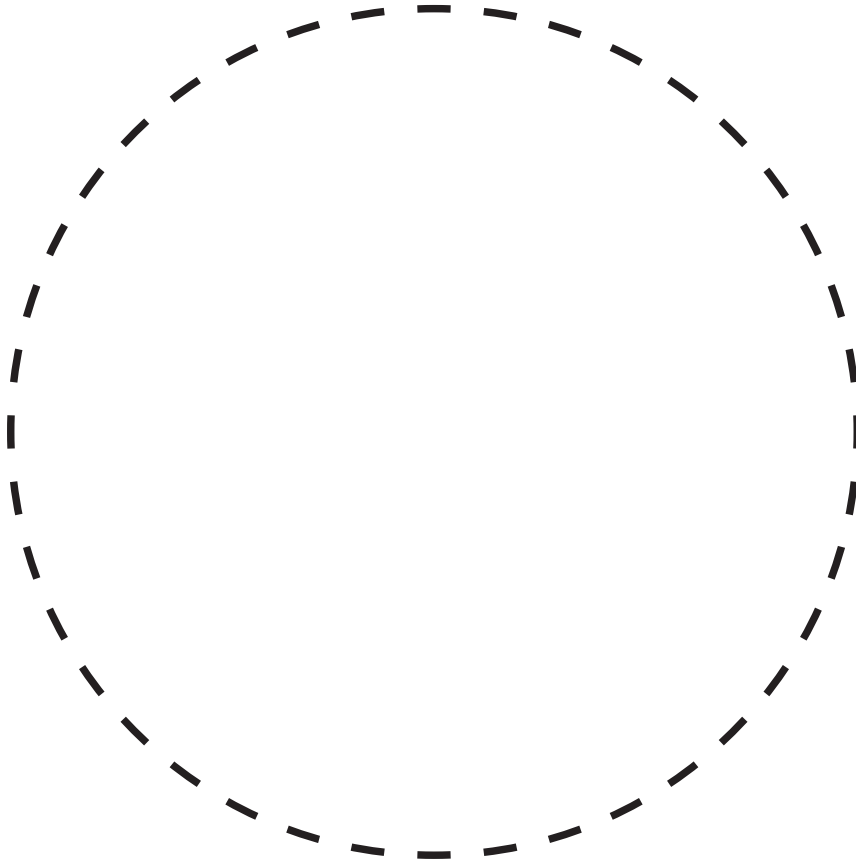
1800 55 1800 | CALL | EMAIL | WECHAT



**TELL A TRUSTED  
ADULT OR  
CONTACT THE  
KIDS HELPLINE**



# Personal Space



**If someone comes into my personal space and touches me  
in a way I don't like, I can:**

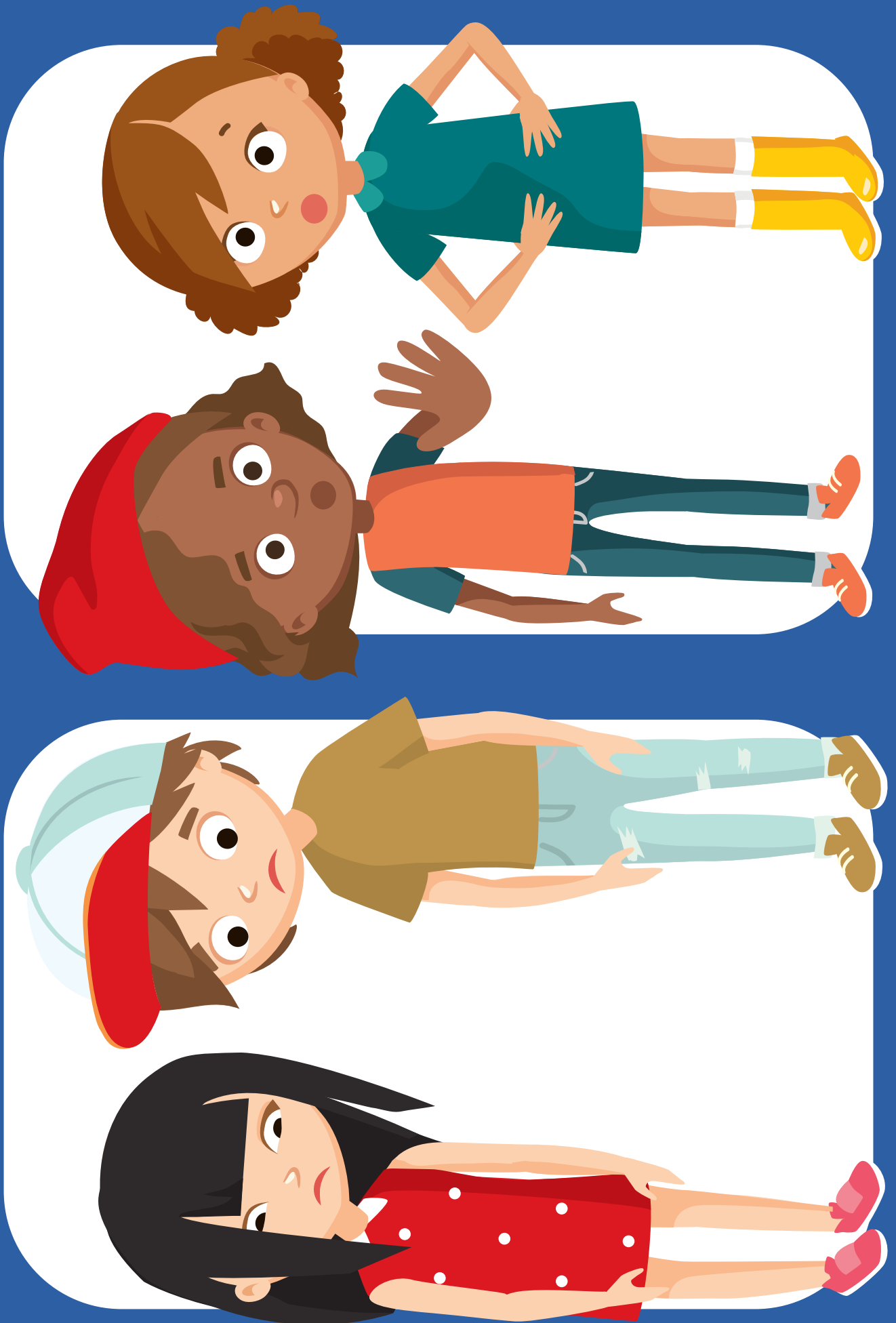
Yell No!    Run away    Tell an adult



**NAME**

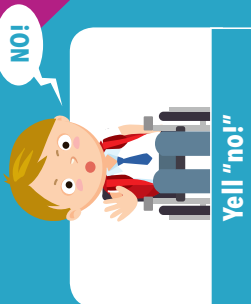
✦

✦ ✦



If anyone comes into my personal space and I don't feel safe,

I CAN ...



Yell "no!"



Move away



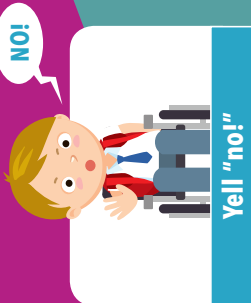
Scream for help



Tell a trusted adult

If anyone comes into my personal space and I don't feel safe,

I CAN ...



Yell "no!"



Move away



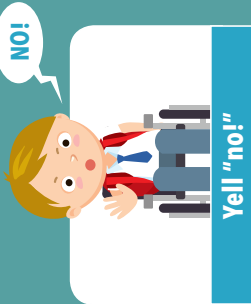
Scream for help



Tell a trusted adult

If anyone comes into my personal space and I don't feel safe,

I CAN ...



Yell "no!"



Move away



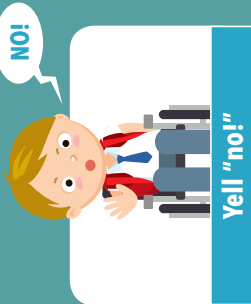
Scream for help



Tell a trusted adult

If anyone comes into my personal space and I don't feel safe,

I CAN ...



Yell "no!"



Move away



Scream for help

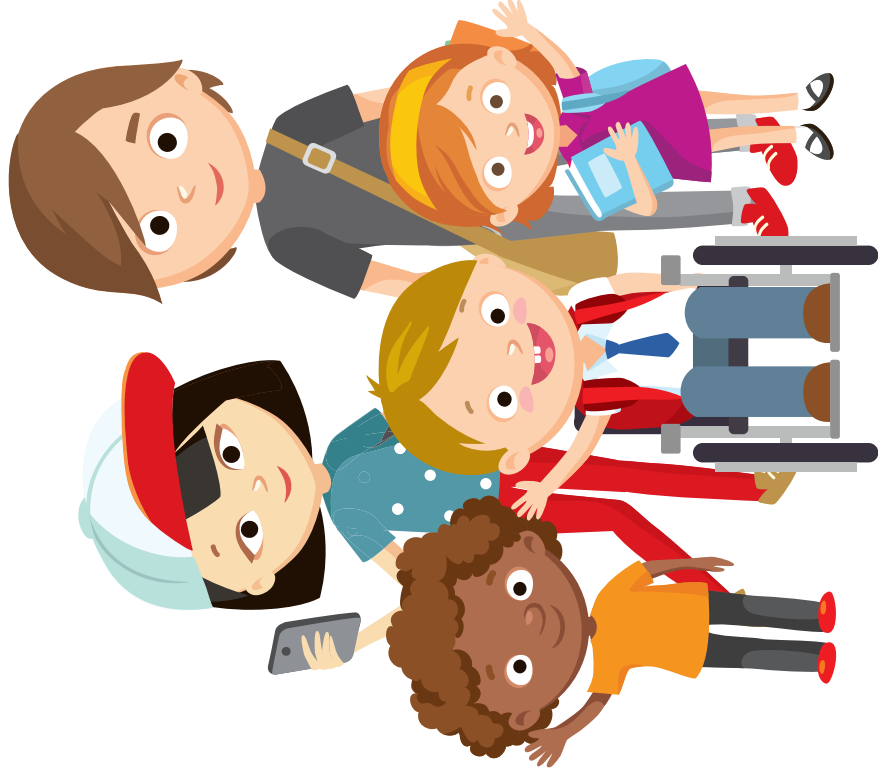
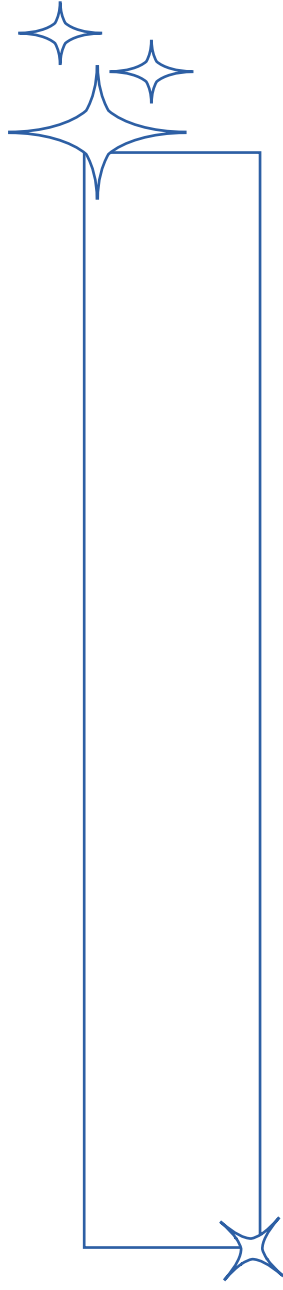


Tell a trusted adult



WA Child Safety Services  
Creating Safer Communities

# Certificate of Participation



For participating in the WA Child Safety Services  
Protective Behaviours Program for Year \_\_\_\_\_

Teacher Signature \_\_\_\_\_

Date \_\_\_\_\_